**Using Collocations**

**A collocation** is a set or chunk of two or more words that are often used together. For example, it is natural for native speakers to say ***sleep schedule***, but not ***sleep timetable*** or ***sleep program***. Remembering **collocations** as chunks of words **(sleep + schedule)** makes it easy for you to recall and use them correctly.

We form **collocations** by combining different parts of speech. Below are some examples of **collocations** that include sleep.

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| **Expressions**  | **Verb + Adverb** | **Noun + Noun** |
| Go without sleep | Sleep soundly | Sleep schedule |
| Get enough sleep | Sleep well |  |
| Go/ Get to sleep | Sleep deeply |  |
| Fall asleep | Sleep peacefully |  |

**Exercise A**: Use the words in the box below to form collocations and complete the sentences.

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| **Enough – fall – schedule – soundly – to - without** |

1- What time do you usually go **to** sleep?

2- What time did you go **to** sleep last night?

3- How long does it take you to **fall** asleep?

4- How long can you go **without** sleep?

5- Do you usually get **enough** sleep on weeknights?

6- Do you sleep **soundly** every night?

7- Do you have a regular or irregular sleep **schedule** ?

8- Do you have the same sleep **schedule** every day?