

So the matrix of $\mathcal{T}(g)$ has all zero's in it's main diagonal. Hence the $\text{tr}(\mathcal{T}(g)) = 0 \forall g \in G$ except for $g = 1$.

$$\begin{aligned}
 \therefore \text{tr}(\mathcal{T}(\gamma)) &= \text{tr}\left(\sum_{i=1}^n c_{g_i} g_i\right) \\
 &= \sum_{i=1}^n c_{g_i} \text{tr}(\mathcal{T}(g_i)) \\
 &= c_{g_1} \text{tr}(\mathcal{T}(g_1)) + c_{g_2} \text{tr}(\mathcal{T}(g_2)) + \cdots + c_{g_n} \text{tr}(\mathcal{T}(g_n)) \\
 &= c_{g_1} \text{tr}\begin{pmatrix} 1 & 0 & 0 & \cdots & 0 \\ 0 & 1 & 0 & \cdots & 0 \\ 0 & 0 & 1 & \cdots & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & 0 & \cdots & 1 \end{pmatrix} + 0 + \cdots + 0 \\
 &= c_{g_1} \cdot |G| \\
 &= c_1 \cdot |G|
 \end{aligned}$$

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Theorem 3.10 (Berman-Higman) Let $\gamma = \sum_{g \in G} c_g g$ be a unit of finite order in $\mathbb{Z}G$, where G is a finite group and $c_1 \neq 0$. Then $\gamma = \pm 1 = c_1$.

Proof. Let $|G| = n$ and let $\gamma^m = 1$. Considering $\mathbb{Z}G$ as a subring of $\mathbb{C}G$, we will consider it's left regular representation and apply the previous lemma. Then $\text{tr}(\mathcal{T}(\gamma)) = n \cdot c_1$. Now $\gamma^m = 1$ therefore all the eigenvalues of $\mathcal{T}(\gamma)$ are the n^{th} roots of unity.

$$\therefore \text{tr}(\mathcal{T}(\gamma)) = \text{tr}\left(\mathcal{T}\left(\sum_{i=1}^n c_{g_i} g_i\right)\right) = \sum c_g \text{tr}(\mathcal{T}(g)) = \sum (\text{eigenvalue of } \text{tr}(\mathcal{T}(\gamma)))$$

Now $\mathcal{T}(\gamma)$ is similar to a diagonal matrix D ($\mathcal{T}(\gamma) \sim D$). So $\text{tr}(\mathcal{T}(\gamma)) = \text{tr} D = \sum$ diagonal elements of $D = \sum$ eigenvalues of $D = \sum$ eigenvalue of $\mathcal{T}(\gamma)$