



Protein Synthesis Inhibitors

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TETRACYCLINES

Demeclocycline DECLOMYCIN
Doxycycline DORYX, VIBRAMYCIN
Minocycline MINOCIN
Tetracycline GENERIC ONLY

GLYCYLCYCLINES

Tigecycline TYGACIL

AMINOGLYCOSIDES

Amikacin GENERIC ONLY
Gentamicin GENERIC ONLY
Neomycin GENERIC ONLY
Streptomycin GENERIC ONLY
Tobramycin TOBI, TOBREX

MACROLIDES/KETOLIDES

Azithromycin ZITHROMAX
Clarithromycin BIAXIN
Erythromycin E.E.S., ERY-TAB
Telithromycin GENERIC ONLY

MACROCYCLIC

Fidaxomicin DIFICID

LINCOSAMIDES

Clindamycin CLEOCIN

OXAZOLIDINONES

Linezolid ZYVOX
Tedizolid SIVEXTRO

OTHERS

Chloramphenicol GENERIC ONLY
Quinupristin/Dalfopristin SYNERCID

☐ I. Background:

- ☐ Antimicrobial effects by: **targeting bacterial ribosomes and inhibiting bacterial protein synthesis.**
- ☐ They exhibit **bacteriostatic** activity.
- ☐ Bacterial ribosomes differ structurally from mammalian cytoplasmic ribosomes and are **composed of 30S and 50S** subunits (mammalian ribosomes have **40S and 60S** subunits).
- ☐ In general, selectivity for bacterial ribosomes **minimizes potential adverse consequences** encountered with the disruption of protein synthesis in mammalian host cells.

❑ However, high concentrations of drugs such as *chloramphenicol* or the **tetracyclines** may cause toxic effects as a result of:

- **interaction with mitochondrial mammalian ribosomes, because the structure of mitochondrial ribosomes more closely resembles bacterial ribosomes.**

II. Tetracyclines

❑ Tetracyclines consist of four fused rings with a system of conjugated double bonds. **Substitutions on these rings alter the individual pharmacokinetics and spectrum of antimicrobial activity.**

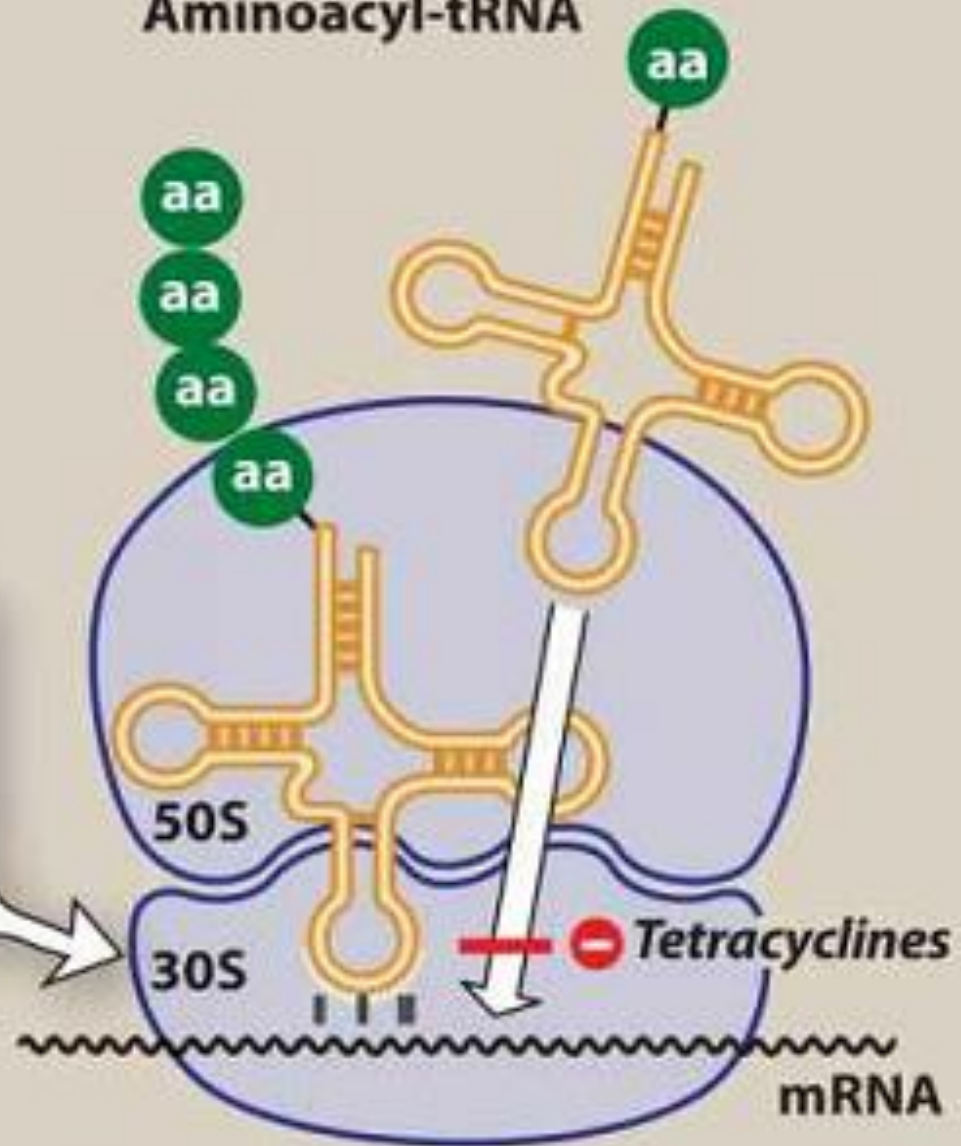
❑ A. Mechanism of action

Tetracyclines enter susceptible organisms **via passive diffusion** and **by an energy-dependent transport protein mechanism** unique to the bacterial inner cytoplasmic membrane.

❑ Tetracyclines **concentrate intracellularly** in susceptible organisms. The drugs bind reversibly to the 30S subunit of the bacterial ribosome. This action prevents binding of tRNA to the mRNA–ribosome complex, thereby inhibiting bacterial protein synthesis (Figure 30.2).

Aminoacyl-tRNA

Tetracyclines
target the 30S
subunit and
prevent binding
of tRNA to mRNA.



B. Antibacterial spectrum:

The tetracyclines are **bacteriostatic** antibiotics effective against a wide variety of organisms, including **gram-positive and gram-negative bacteria, protozoa, spirochetes, mycobacteria, and atypical species**. They are commonly used in the treatment of **acne and Chlamydia** infections (Figure 30.3).

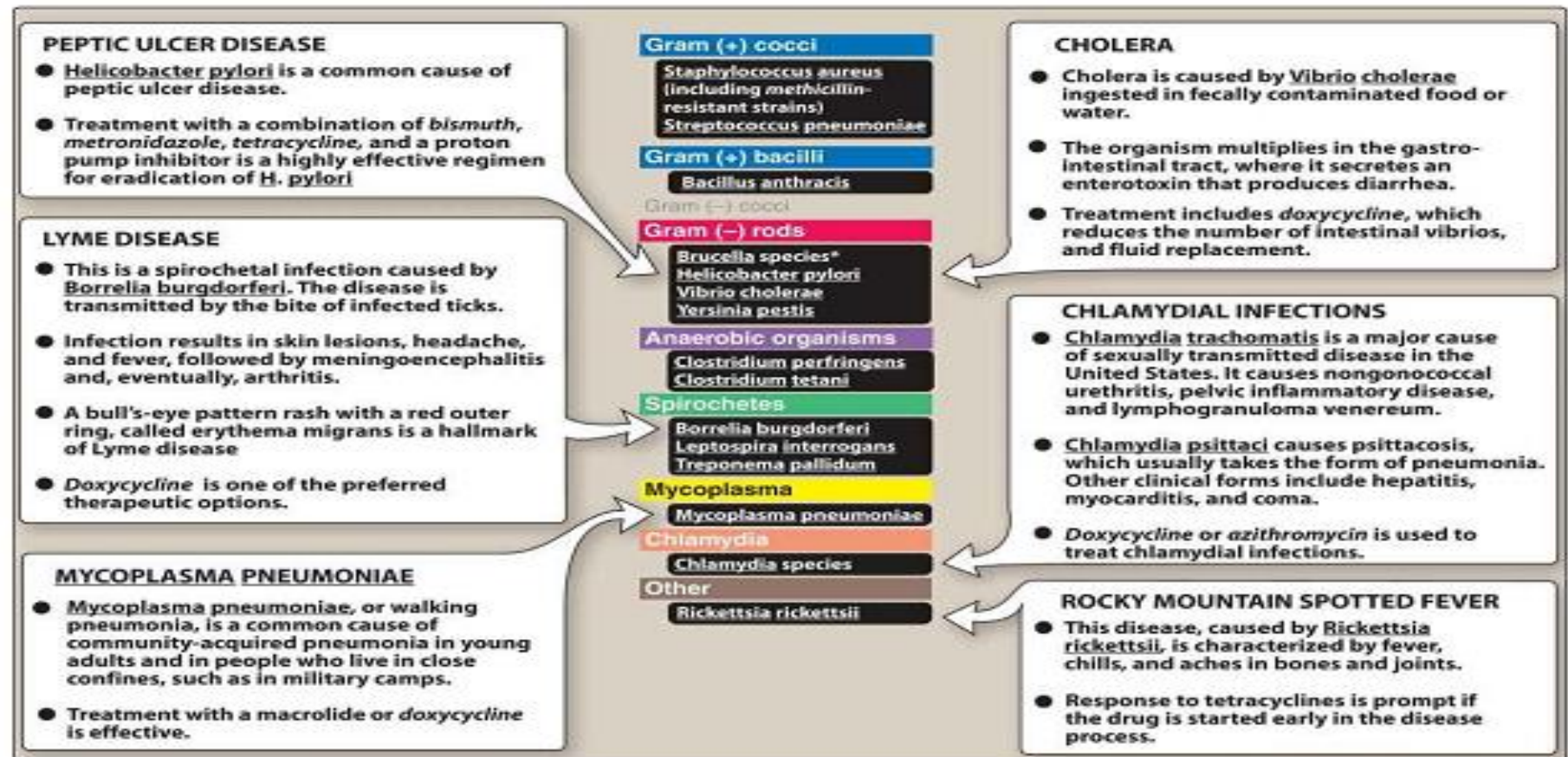


Figure 30.3 Typical therapeutic applications of tetracyclines. *A tetracycline + gentamicin.

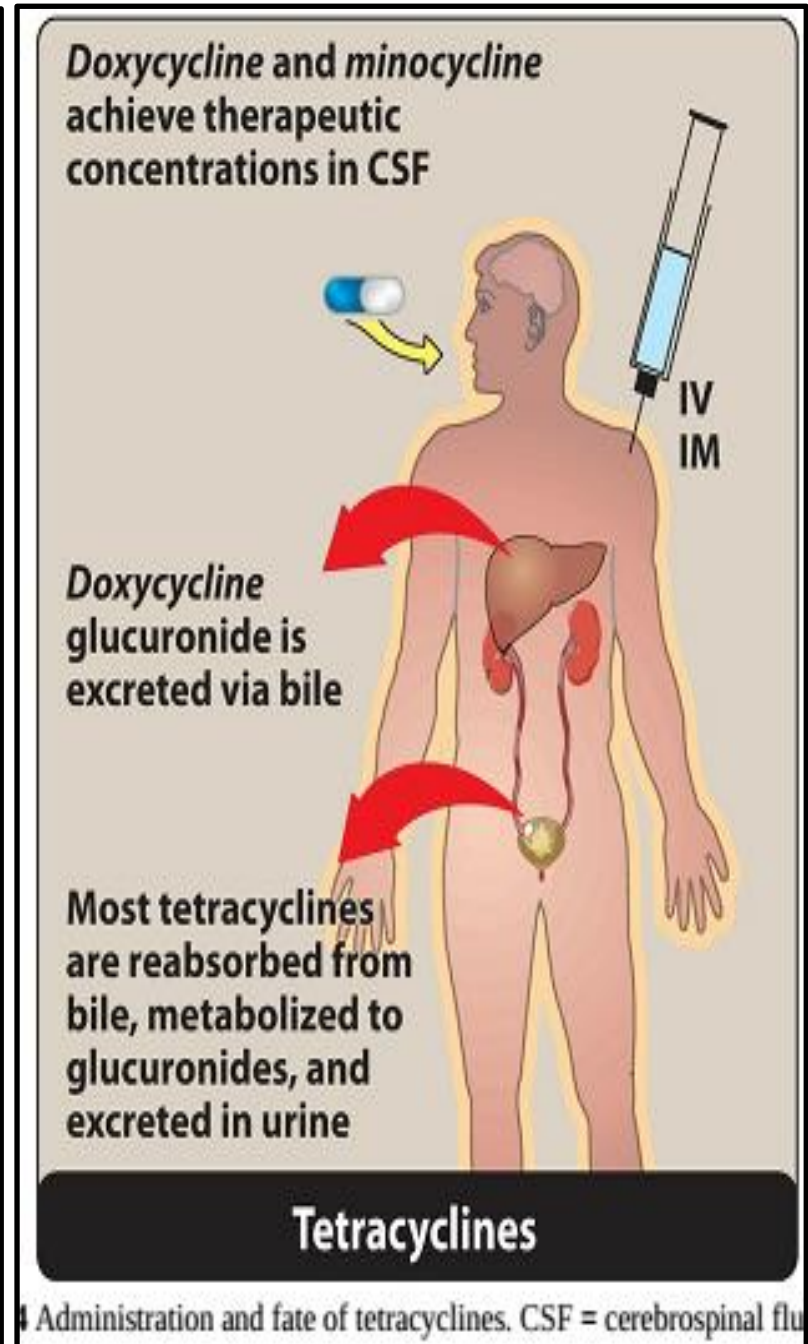
C. Resistance:

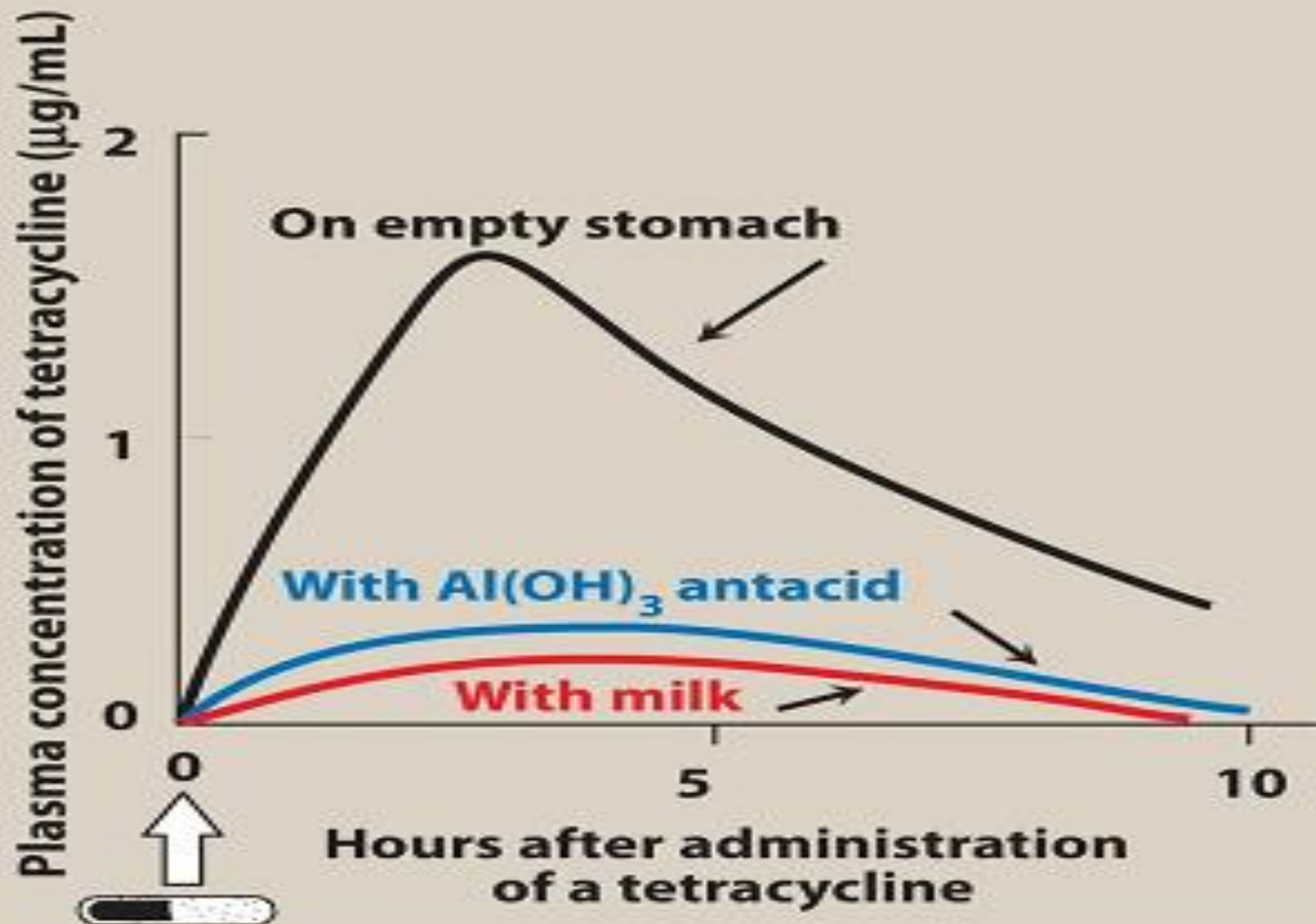
- ☐ The most commonly encountered naturally occurring resistance to tetracyclines is **an efflux pump that expels drug out of the cell, thus preventing intracellular accumulation.**
- ☐ Other mechanisms of bacterial resistance to tetracyclines include **enzymatic inactivation of the drug and production of bacterial proteins that prevent tetracyclines from binding to the ribosome.**
- ☐ Resistance to one tetracycline **does not confer universal resistance to all tetracyclines,**
- ☐ and the development of cross-resistance may be dependent on the mechanism of resistance

D. Pharmacokinetics:

➤ 1.Absorption:

- Tetracyclines are adequately absorbed after oral ingestion (Figure 30.4).
- Administration with dairy products or other substances that contain divalent and trivalent cations (for example, magnesium, calcium and aluminum antacids, or iron supplements) decreases absorption, particularly for *tetracycline*, due to the formation of non-absorbable chelates (Figure 30.5).
- Both **doxycycline and minocycline** are available as oral and intravenous (IV) preparations.





Effect of antacids and milk on the absorption of tetracyclines.

2. Distribution:

The tetracyclines concentrate well in the bile, liver, kidney, gingival fluid, and skin. Moreover, they bind to tissues undergoing calcification (for example, teeth and bones) or to tumors that have high calcium content. Penetration into most body fluids is adequate.

Only minocycline and doxycycline achieve therapeutic levels in the cerebrospinal fluid (CSF). *Minocycline* also achieves high concentrations in **saliva and tears**, rendering it useful in eradicating the meningococcal carrier state. **All tetracyclines cross the placental barrier and concentrate in fetal bones and dentition.**

3. Elimination:

Tetracycline is primarily eliminated unchanged in the urine, whereas *minocycline* undergoes hepatic metabolism and is eliminated to a lesser extent via the kidney. *Doxycycline* is preferred in patients with renal dysfunction, as it is primarily eliminated via the bile into the feces

E. Adverse effects

1. Gastric discomfort:

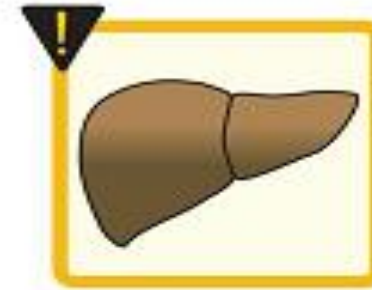
- ❖ **Epigastric distress** commonly results from irritation of the gastric mucosa (Figure 30.6) and is often responsible for noncompliance with tetracyclines.
- ❖ **Esophagitis** may be minimized through coadministration with food (other than dairy products) or fluids and the use of capsules rather than tablets. [Note: *Tetracycline* should be taken on an empty stomach.]



GI disturbance



Deposition of drug in bones and teeth



Liver failure



Phototoxicity



Vertigo



Avoid in pregnancy

30.6 Some adverse effects of tetracyclines. GI = gastrointestinal.

2. Effects on calcified tissues

Deposition in the bone and primary dentition occurs during the calcification process in growing children. This may cause discoloration and hypoplasia of teeth and a temporary stunting of growth. For this reason, the use of tetracyclines is limited in pediatrics. **The tetracyclines** should not be used in pregnant or breast-feeding women or in children less than 8 years of age.

3. Hepatotoxicity

Rarely hepatotoxicity may occur with high doses, particularly in pregnant women and those with preexisting hepatic dysfunction or renal impairment.

4. Phototoxicity

Severe sunburn may occur in patients receiving a tetracycline **who are exposed to sun or ultraviolet rays**. This toxicity is encountered with any tetracycline, but more frequently with **tetracycline and demeclocycline**. Patients should be advised to wear adequate sun protection.

5. Vestibular dysfunction

Dizziness, vertigo, and tinnitus **may occur particularly with minocycline**, which concentrates in the **endolymph of the ear** and affects function.

6. Pseudotumor cerebri

Benign, **intracranial hypertension** characterized by **headache and blurred vision** may occur rarely in adults. **Although discontinuation of the drug reverses this condition, it is not clear whether permanent sequelae may occur.**

III. Glycylcyclines:

Tigecycline [tye-ge-SYE-kleen], a derivative of *minocycline*, is the first member of the glycylcycline antimicrobial class. It is indicated for the treatment of complicated **skin and soft tissue infections**, complicated intra-abdominal infections, and community-acquired pneumonia.

A. Mechanism of action

bacteriostatic action by reversibly binding to the 30S ribosomal subunit and inhibiting bacterial protein synthesis.

B. Antibacterial spectrum

broad-spectrum activity that includes *methicillin*-resistant staphylococci (MRSA), multidrug resistant streptococci, *vancomycin*-resistant enterococci (**VRE**), extended-spectrum β -lactamase–producing gram negative bacteria, ***Acinetobacter baumannii***, and many anaerobic organisms. ***Tigecycline* is not active against** *Morganella*, *Proteus*, *Providencia*, or *Pseudomonas* species.

C. Resistance

Tigecycline was developed to overcome the emergence of tetracycline class–resistant organisms that utilize efflux pumps and ribosomal protection to confer resistance.

Resistance to *tigecycline* has been observed and is **primarily attributed to overexpression of efflux pumps.**

D. Pharmacokinetics

Following **IV infusion**, *tigecycline* exhibits a large volume of distribution. It penetrates tissues well **but achieves low plasma concentrations.** Consequently, *tigecycline* is a poor option for bloodstream infections. The primary route of elimination is **biliary/fecal.** No dosage adjustments are necessary for patients with renal impairment; however, a dose reduction is **recommended in severe hepatic dysfunction.**

E. Adverse effects

Significant nausea and vomiting. Acute pancreatitis, including fatality, has been reported with therapy. Elevations in liver enzymes and serum creatinine may also occur. **All-cause mortality in patients treated with tigecycline is higher than with other agents. A boxed warning states that *tigecycline* should be reserved for use in situations when alternative treatments are not suitable.** Other adverse effects are similar to those of the tetracyclines. *Tigecycline* may decrease the clearance of *warfarin*. Therefore, the international normalized ratio should be monitored closely when *tigecycline* is coadministered with *warfarin*.

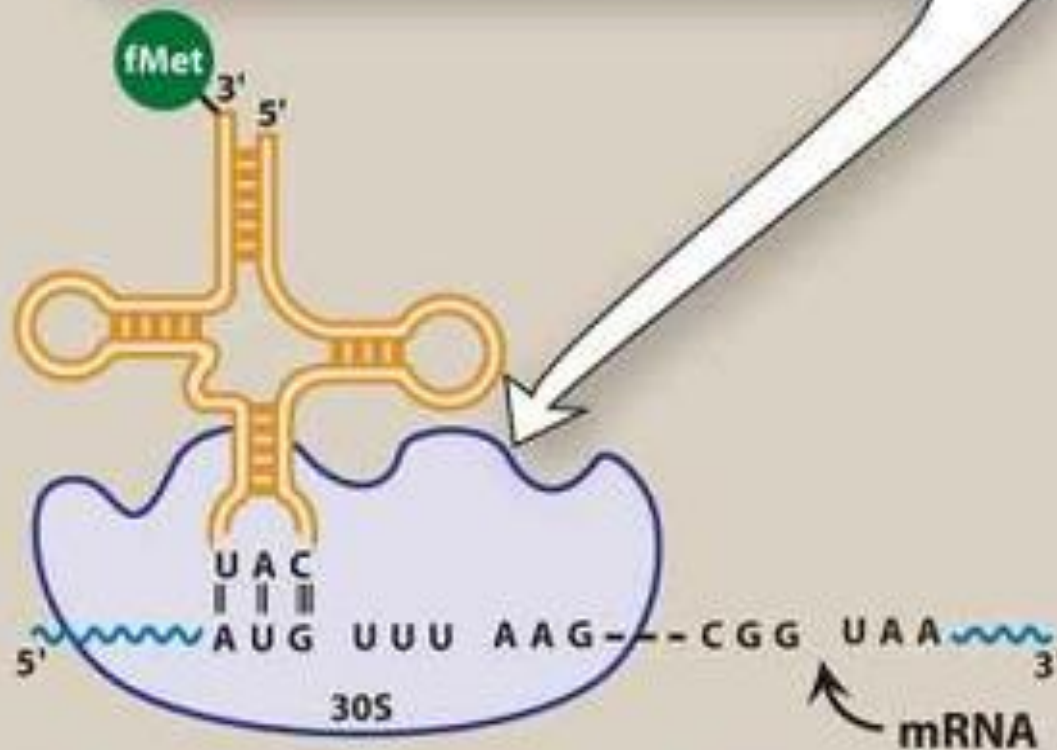
IV. Aminoglycosides:

- ❑ Used to treat of **serious infections due to aerobic gram-negative bacilli**; however, their clinical **utility is limited due to serious toxicities**.

A. Mechanism of action:

- ❑ They **diffuse through porin channels** in the outer membrane of susceptible organisms. These organisms also have **an oxygen-dependent system that transports** the drug across the cytoplasmic membrane.
- ❑ Inside the cell, they **bind the 30S ribosomal subunit**, where they interfere with assembly of the functional ribosomal apparatus and/or cause the 30S subunit of the completed ribosome to misread the genetic code (Figure 30.2).
- ❑ Aminoglycosides have **concentration-dependent bactericidal activity**; that is, their efficacy is dependent on the maximum concentration (C_{max}) of drug above the minimum inhibitory concentration (MIC) of the organism. For aminoglycosides, the target **C_{max} is eight to ten times the MIC**.
- ❑ They also exhibit a **post-antibiotic effect (PAE)**, which is continued bacterial suppression after drug concentrations fall below the MIC. **The larger the dose, the longer the PAE**. Because of these properties, high-dose extended-interval dosing is commonly utilized. This dosing strategy also reduces the risk of nephrotoxicity and increases convenience.

Aminoglycosides bind to the 30S subunit, distorting its structure and causing misreading of the mRNA.



B. Antibacterial spectrum:

- ❑ are effective for the majority of **aerobic gram-negative bacilli**, including those that may be multidrug resistant, such as ***Pseudomonas aeruginosa***, ***Klebsiella pneumoniae***, and ***Enterobacter* sp.**
- ❑ Additionally, **aminoglycosides** are often combined with a **β -lactam antibiotic** to employ **a synergistic effect**, particularly in the treatment of *Enterococcus faecalis* and *Enterococcus faecium* infective endocarditis.
- ❑ Some therapeutic applications of four commonly used aminoglycosides—*amikacin* [am-i-KAY-sin], *gentamicin* [jen-ta-MYE-sin], *tobramycin* [toe-bra-MYE-sin], and *streptomycin* [strep-toe-MYE-sin]—are shown in Figure 30.7.

TULAREMIA

- **Tularemia is acquired during rabbit-hunting season by hunters skinning infected animals.**
- **Pneumonic tularemia results from infection by the respiratory route or by bacteremic seeding of lungs.**
- ***Gentamicin* is effective in treating this rare lymphoid disease.**

SYNERGY

- **Aminoglycosides may be added to β -lactams for synergy for select serious gram-positive infections.**

Gram (+) cocci

Enterococcus species
(*ampicillin + gentamicin*)

Streptococcus agalactiae
(*ampicillin + gentamicin*)

Gram (+) bacilli

Gram (–) cocci

Gram (–) rods

Acinetobacter baumannii

Brucella species
(*gentamicin + doxycycline*)

Francisella tularensis
(*gentamicin*)

Klebsiella species

Pseudomonas aeruginosa

Yersinia pestis
(*streptomycin*)

Anaerobic organisms
Spirochetes
Mycoplasma
Chlamydia
Other

INFECTIONS DUE TO PSEUDOMONAS AERUGINOSA

- **Pseudomonas aeruginosa rarely attacks healthy individuals, but can cause infections in patients with specific risk factors (e.g., recent antibiotic exposure, prolonged hospitalization, bronchiectasis).**
- **Treatment includes *tobramycin* alone (e.g., for UTI) or in combination with an antipseudomonal β -lactam (e.g., for pneumonia).**

C. Resistance

occurs via: 1) efflux pumps, 2) decreased uptake, and/or 3) modification and inactivation by plasmid-associated synthesis of enzymes. Each of these enzymes has its own aminoglycoside specificity; therefore, cross-resistance cannot be presumed. [**Note: *Amikacin* is less vulnerable to these enzymes than other antibiotics in this group.**].

D. Pharmacokinetics

1. Absorption:

The highly polar, polycationic structure of the aminoglycosides prevents adequate absorption after oral administration; therefore, all aminoglycosides (except *neomycin* [nee-oh-MYE-sin]) must be given parenterally to achieve adequate serum concentrations (Figure 30.8). [Note: *Neomycin* is not given parenterally due to severe nephrotoxicity. It is administered topically for skin infections or orally to decontaminate the gastrointestinal tract prior to colorectal surgery.

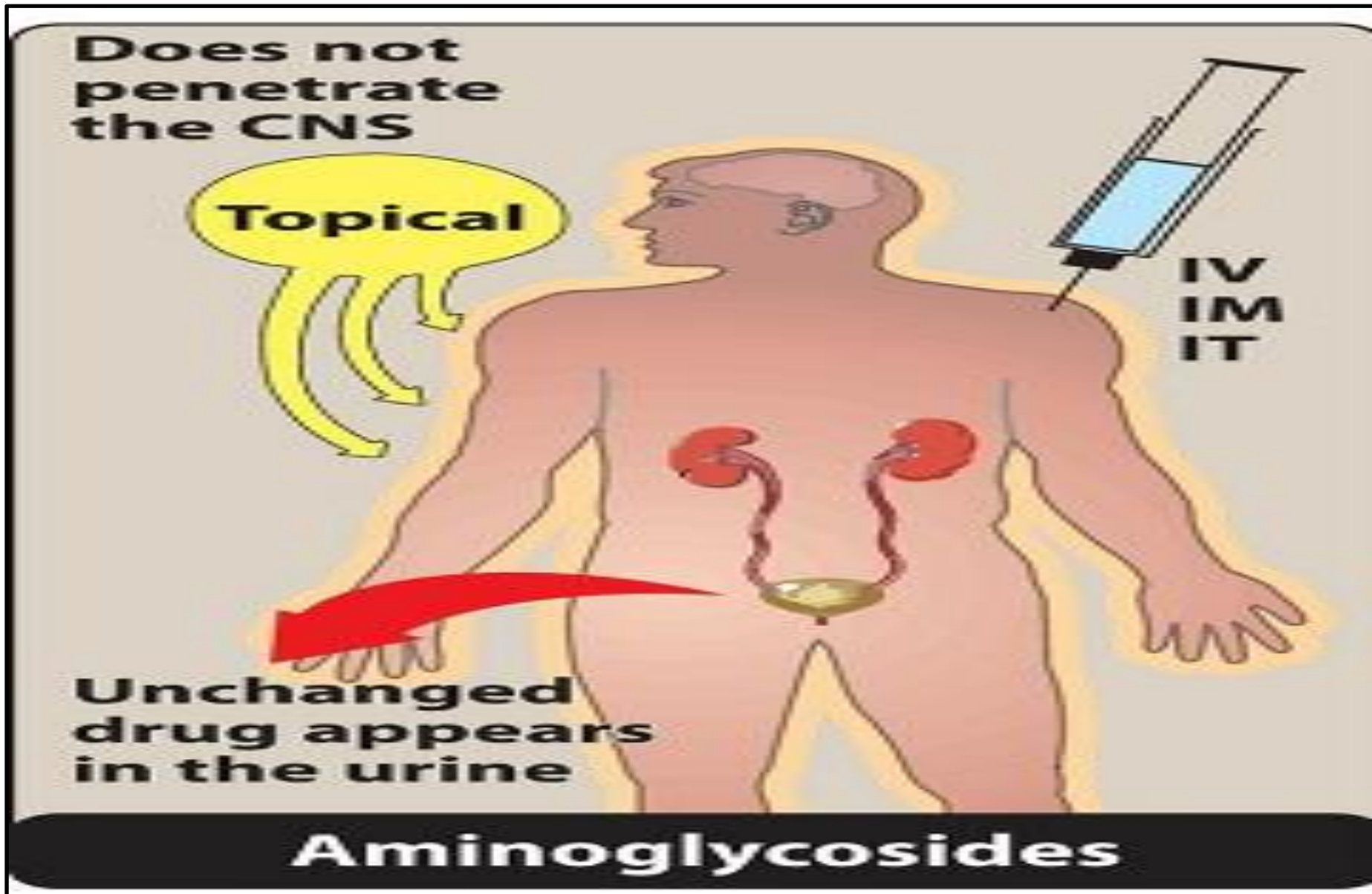


Figure 30.8 Administration and fate of aminoglycosides. CNS = central nervous system.

2. Distribution

Because of their hydrophilicity, aminoglycoside tissue concentrations may be subtherapeutic, and penetration into most body fluids is variable. Concentrations achieved in CSF are inadequate, even in the presence of inflamed meninges. For **central nervous system infections, the intrathecal or intraventricular routes may be utilized.** All **aminoglycosides cross the placental** barrier and may accumulate in fetal plasma and amniotic fluid.

3. Elimination

More than 90% of the parenteral aminoglycosides **are excreted unchanged in the urine** (Figure 30.8). Accumulation occurs in patients with renal dysfunction; thus, dose adjustments are required. **Neomycin is primarily excreted unchanged in the feces**

E. Adverse effects

Therapeutic drug monitoring of *gentamicin*, *tobramycin*, and *amikacin* plasma concentrations is imperative to ensure appropriateness of dosing and to minimize dose-related toxicities (Figure 30.9). The **elderly** are particularly susceptible to **nephrotoxicity and ototoxicity**.

Ototoxicity



Nephrotoxicity



Paralysis



Skin rash



1. Ototoxicity

Ototoxicity (vestibular and auditory) is directly related to high peak plasma concentrations and the duration of treatment. Aminoglycosides accumulate in the **endolymph and perilymph** of the inner ear. Deafness may be irreversible and has been known to affect developing fetuses. Patients simultaneously receiving concomitant ototoxic drugs, such as *cisplatin* or loop diuretics, are particularly at risk. Vertigo (especially in patients receiving *streptomycin*) may also occur.

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2. Nephrotoxicity

Retention of the aminoglycosides by the proximal tubular cells disrupts calcium-mediated transport processes. This results in kidney damage ranging from mild, reversible renal impairment to severe, potentially irreversible acute tubular necrosis.

3. Neuromuscular paralysis

is associated with a rapid increase in concentration (for example, high doses infused over a short period) or concurrent administration with neuromuscular blockers. Patients with myasthenia gravis are particularly at risk. Prompt administration of *calcium gluconate* or *neostigmine* can reverse the block that causes neuromuscular paralysis.

4. Allergic reactions

Contact dermatitis is a common reaction to topically applied *neomycin*.

V. Macrolides and Ketolides:

- ❑ The macrolides are a group of antibiotics with a macrocyclic lactone structure to which one or more deoxy sugars are attached.
- ❑ **Erythromycin** [er-ith-roe-MYE-sin] **was the first** of these drugs to have clinical application, **both as a drug of first choice and as an alternative to penicillin in individuals with an allergy to β -lactam antibiotics.**
- ❑ **Clarithromycin** [kla-rith-roe-MYE-sin] (a methylated form of *erythromycin*) and **azithromycin** [a-zith-roe-MYE-sin] (having a larger lactone ring) have some features in common with, and others that improve upon, *erythromycin*.
- ❑ **Telithromycin** [tel-ith-roe-MYE-sin], a semisynthetic derivative of *erythromycin*, is a “**ketolide**” antimicrobial agent (no longer used in the United States).

A. Mechanism of action:

- ❑ The **macrolides and ketolides** bind irreversibly to a site on the **50S subunit** of the bacterial **ribosome**, thus inhibiting **translocation steps of protein synthesis** (Figure 30.2).
- ❑ They may also interfere with other steps, such as **transpeptidation**. Generally considered to be **bacteriostatic**, they may **be bactericidal at higher doses**.
- ❑ Their binding site is either identical to or in close proximity to that for ***clindamycin*** and ***chloramphenicol***.

B. Antibacterial spectrum

1. Erythromycin

This drug is effective against many of the same organisms as *penicillin G* (Figure 30.10); therefore, **it may be considered as an alternative in patients with *penicillin* allergy.**

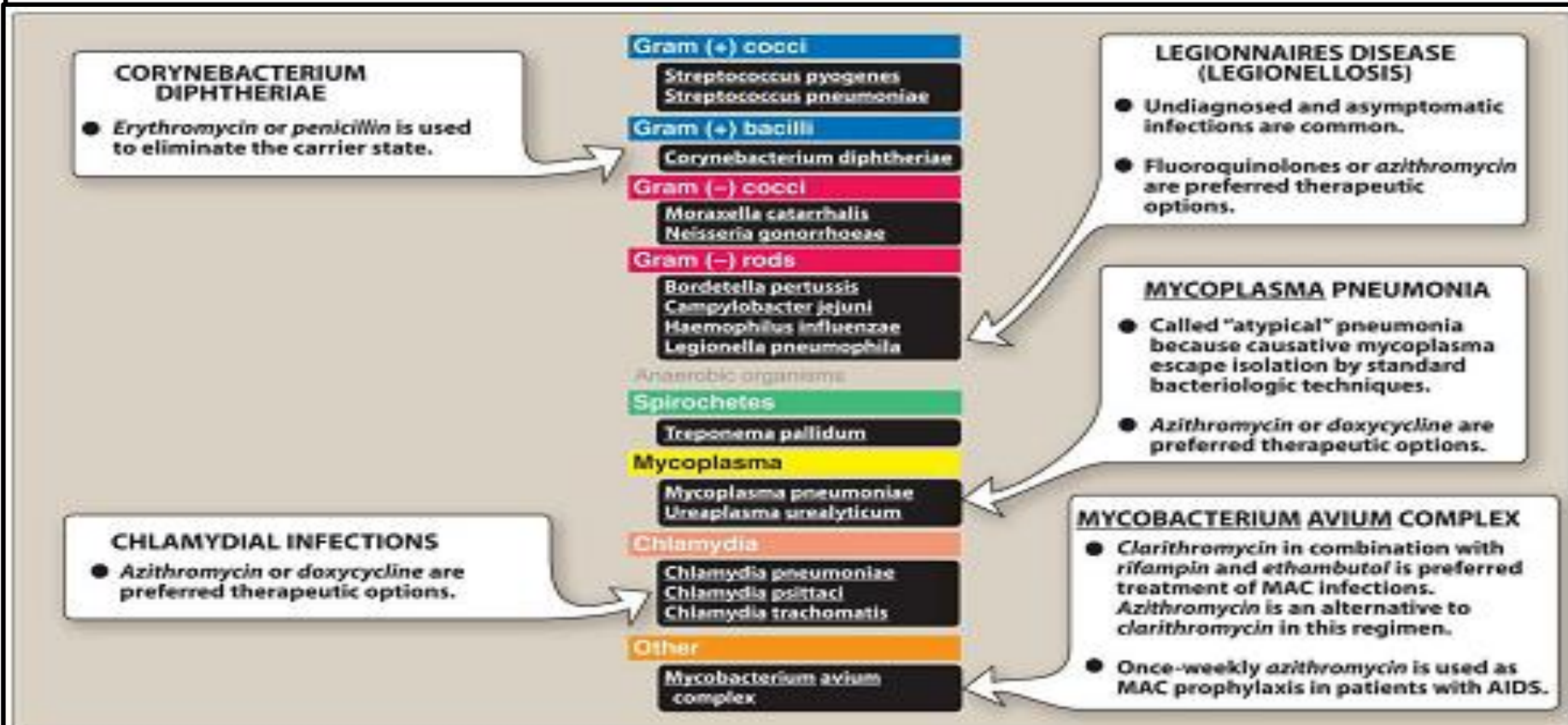


Figure 30.10 Typical therapeutic applications of macrolides.

2. Clarithromycin

Clarithromycin has activity similar to *erythromycin*, but it is also effective against *Haemophilus influenzae* and has greater activity against intracellular pathogens such as Chlamydia, Legionella, Moraxella, Ureaplasma species, and *Helicobacter pylori****.

3. Azithromycin

Although less active than *erythromycin* against streptococci and staphylococci, *azithromycin* is far more active against respiratory pathogens such as *H. influenzae* and *Moraxella catarrhalis*. Extensive use of *azithromycin* has resulted in growing *Streptococcus pneumoniae* resistance.

4. Telithromycin

Telithromycin has an antimicrobial spectrum similar to that of *azithromycin*. Moreover, the structural modification within ketolides neutralizes the most common resistance mechanisms that render macrolides ineffective.

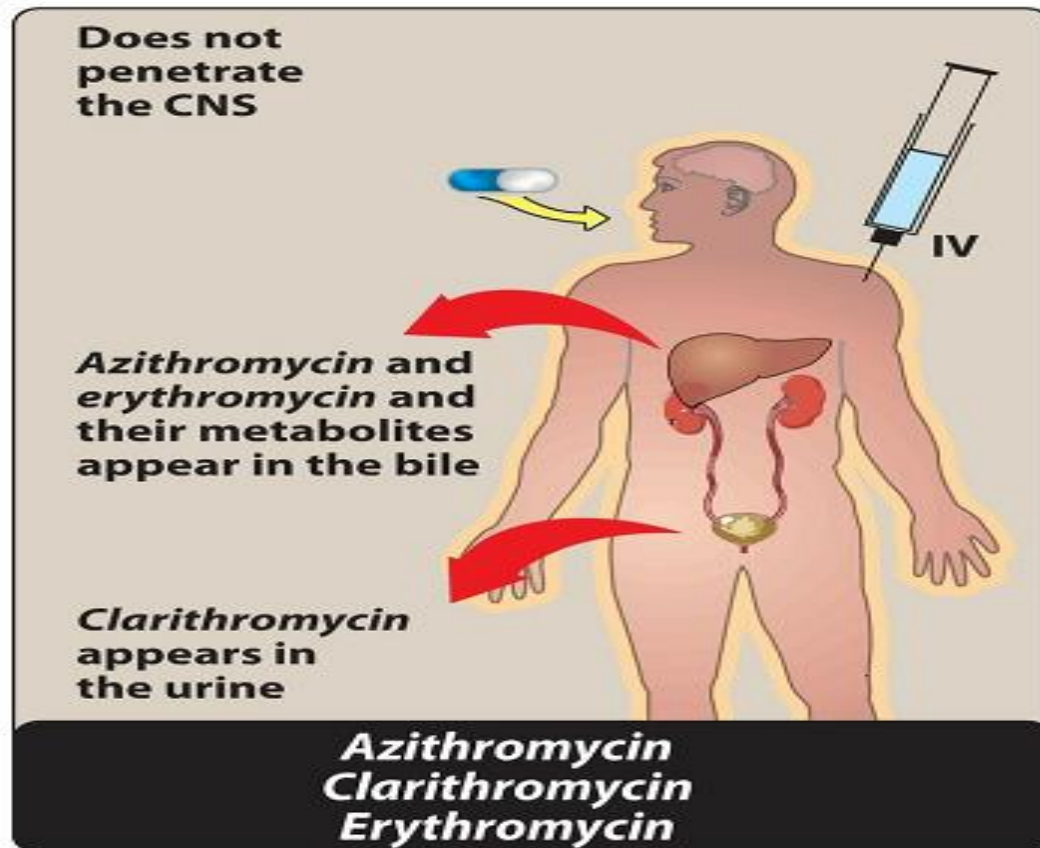
C. Resistance

is associated with: 1) the inability of the organism to take up the antibiotic, 2) the presence of efflux pumps, 3) a decreased affinity of the 50S ribosomal subunit for the antibiotic due to methylation of an adenine in the 23S bacterial ribosomal RNA in gram-positive organisms, and 4) the presence of plasmid-associated *erythromycin* esterases in gram-negative organisms such as the Enterobacteriaceae. ***Erythromycin* has limited clinical use due to increasing resistance.** Both *clarithromycin* and *azithromycin* share some cross-resistance with *erythromycin*. *Telithromycin* may be effective against macrolide-resistant organisms.

D. Pharmacokinetics

1. Absorption

The *erythromycin* base **is destroyed by gastric acid**; thus, **either enteric-coated tablets or esterified forms of the antibiotic are administered and all have adequate oral absorption** (Figure 30.11). *Clarithromycin*, *azithromycin*, and *telithromycin* **are stable in stomach acid** and are readily absorbed. **Food interferes with the absorption of *erythromycin* and *azithromycin*** but **can increase that of *clarithromycin***. *Telithromycin* is administered orally without regard to meals. ***Erythromycin* and *azithromycin*** are available in IV formulations.



.11 Administration and fate of the macrolide antibiotics. CNS = central nervous

2. Distribution:

Erythromycin distributes well to all body fluids **except the CSF**. It is one of the few antibiotics that diffuse **into prostatic fluid**, and it **also accumulates in macrophages**. All four drugs concentrate in the liver. *Clarithromycin*, *azithromycin*, and *telithromycin* are **widely distributed in the tissues**. **Azithromycin** concentrates in neutrophils, macrophages, and fibroblasts, and **serum concentrations are low**. It **has the largest volume** of distribution of the four drugs

3. Elimination:

Erythromycin and telithromycin undergo hepatic metabolism. They inhibit the oxidation of a number of drugs through their interaction with the cytochrome P450 system. Interference with the metabolism of drugs such as *theophylline*, statins, and numerous antiepileptics has been reported for *clarithromycin*.

4. Excretion:

Azithromycin is primarily concentrated and excreted **in the bile as active drug**. **Erythromycin** and its metabolites are **also excreted in the bile** (Figure 30.11). Partial reabsorption occurs through the enterohepatic circulation. In contrast, **clarithromycin** is hepatically metabolized, and **the active drug and its metabolites are mainly excreted in the urine** (Figure 30.12). The dosage of this drug should be adjusted in patients with renal impairment

	<i>Erythro- mycin</i>	<i>Clarithro- mycin</i>	<i>Azithro- mycin</i>	<i>Telithro- mycin</i>
Oral absorption	Yes	Yes	Yes	Yes
Half-life (hours)	2	3.5	68	10
Conversion to an active metabolite	No	Yes	No	Yes
Percent excretion in urine	< 15	30–50	< 10	13

0.12 Some properties of the macrolide antibiotics.

E. Adverse effects:

1. Gastric distress and motility:

Gastrointestinal upset is the most common adverse effect of the macrolides and may lead to poor patient compliance (**especially with erythromycin**). The other macrolides seem to be better tolerated (Figure 30.13). **Higher doses of erythromycin** lead to smooth muscle contractions that result in the movement of gastric contents to the duodenum, an adverse effect sometimes employed for the treatment of **gastroparesis or postoperative ileus**.

2. Cholestatic jaundice

This adverse effect occurs most commonly **with the estolate** form of **erythromycin** (not used in the United States); however, it has been reported with other formulations and other agents in this class.

3. Ototoxicity:

Transient deafness has been associated with *erythromycin*, especially at high dosages. ***Azithromycin* has also** been associated with irreversible sensorineural hearing loss.

4. QTc prolongation:

Macrolides and ketolides may prolong the QTc interval and should be used with **caution in those patients with proarrhythmic** conditions or concomitant use of proarrhythmic agents.

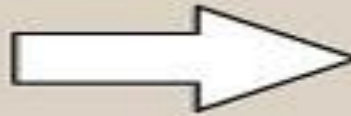
5. Contraindications:

Patients with **hepatic dysfunction** should be treated cautiously with *erythromycin*, *telithromycin*, or *azithromycin*, because these drugs accumulate in the liver. Severe hepatotoxicity with *telithromycin* has limited its use, given the availability of alternative therapies.

6. Drug Interactions:

***Erythromycin*, *telithromycin*, and *clarithromycin* inhibit the hepatic metabolism** of a number of drugs, which can lead to toxic accumulation of these compounds (Figure 30.14). An interaction with *digoxin* may occur. One theory to explain this interaction is that the antibiotic eliminates a species of intestinal flora that ordinarily inactivates *digoxin*, leading to greater reabsorption of *digoxin* from the enterohepatic circulation.

**Alfuzosin
Atorvastatin
Carbamazepine
Protease inhibitors
Sildenafil
Simvastatin
Valproate
Warfarin**



**Serum
concentration
increases**



***Erythromycin
Clarithromycin
Telithromycin***

Metabolites

Figure 30.14 Inhibition of the cytochrome P450 system by *erythromycin*, *clarithromycin*, and *telithromycin*.

VI. Fidaxomicin

- ❑ *Fidaxomicin* [fye-DAX-oh-MYE-sin] **is a macrocyclic antibiotic with a structure similar to the macrolides**; however, it has a unique mechanism of action. *Fidaxomicin* acts on the sigma subunit of RNA polymerase, thereby disrupting bacterial transcription, terminating protein synthesis and resulting in cell death in susceptible organisms.
- ❑ *Fidaxomicin* has a very narrow spectrum of activity limited to gram-positive aerobes and anaerobes. While it possesses activity against staphylococci and enterococci, it is used primarily for its bactericidal activity against *Clostridium difficile*. Because of the unique target site, cross-resistance with other antibiotic classes has not been documented.
- ❑ Following oral administration, *fidaxomicin* has minimal systemic absorption and primarily remains within the gastrointestinal tract. This is ideal for the treatment of *C. difficile* infection, which occurs in the gut.
- ❑ The most common adverse effects include nausea, vomiting, and abdominal pain.
- ❑ Anemia and neutropenia have been observed infrequently. Hypersensitivity reactions including angioedema, dyspnea, and pruritus have occurred.
***Fidaxomicin* should be used with caution in patients with a macrolide allergy, as they may be at increased risk for hypersensitivity**

VII. Chloramphenicol

The use of *chloramphenicol* [klor-am-FEN-i-kole], a broad-spectrum antibiotic, is restricted to life-threatening infections for which no alternatives exist.

A. Mechanism of action

Chloramphenicol binds reversibly to the bacterial 50S ribosomal subunit and inhibits protein synthesis at the peptidyl transferase reaction (Figure 30.2). Because of some similarity of mammalian mitochondrial ribosomes to those of bacteria, protein and ATP synthesis in these organelles may be inhibited at high circulating *chloramphenicol* concentrations, producing bone marrow toxicity. [Note: The oral formulation of *chloramphenicol* was removed from the US market due to this toxicity.

B. Antibacterial spectrum

Chloramphenicol is active against many types of microorganisms including chlamydiae, rickettsiae, spirochetes, and anaerobes. The drug is primarily bacteriostatic, but it may exert bactericidal activity depending on the dose and organism.

C. Resistance

Resistance is conferred by the presence of enzymes that inactivate *chloramphenicol*. Other mechanisms include decreased ability to penetrate the organism and ribosomal binding site alterations.

D. Pharmacokinetics

Chloramphenicol is administered intravenously and is widely distributed throughout the body. It reaches therapeutic concentrations in the CSF. *Chloramphenicol* primarily undergoes hepatic metabolism to an inactive glucuronide, which is secreted by the renal tubule and eliminated in the urine. Dose reductions are necessary in patients with liver dysfunction or cirrhosis. *Chloramphenicol* is also secreted into breast milk and should be avoided in breastfeeding mothers.

E. Adverse effects

1. Anemias

Patients may experience dose-related anemia, hemolytic anemia (observed in patients with glucose-6-phosphate dehydrogenase deficiency), and aplastic anemia. [Note: Aplastic anemia is independent of dose and may occur after therapy has ceased.]

2. Gray baby syndrome

Neonates have a low capacity to glucuronidate the antibiotic, and they have underdeveloped renal function, which decreases their ability to excrete the drug. This leads to drug accumulation to concentrations that interfere with the function of mitochondrial ribosomes, causing poor feeding, depressed breathing, cardiovascular collapse, cyanosis (hence the term “gray baby”), and death. Adults who have received very high doses of *chloramphenicol* may also exhibit this toxicity.

3. Drug interactions

Chloramphenicol inhibits some of the hepatic mixed-function oxidases, preventing the metabolism of drugs such as *warfarin* and *phenytoin*, which may potentiate their effects.

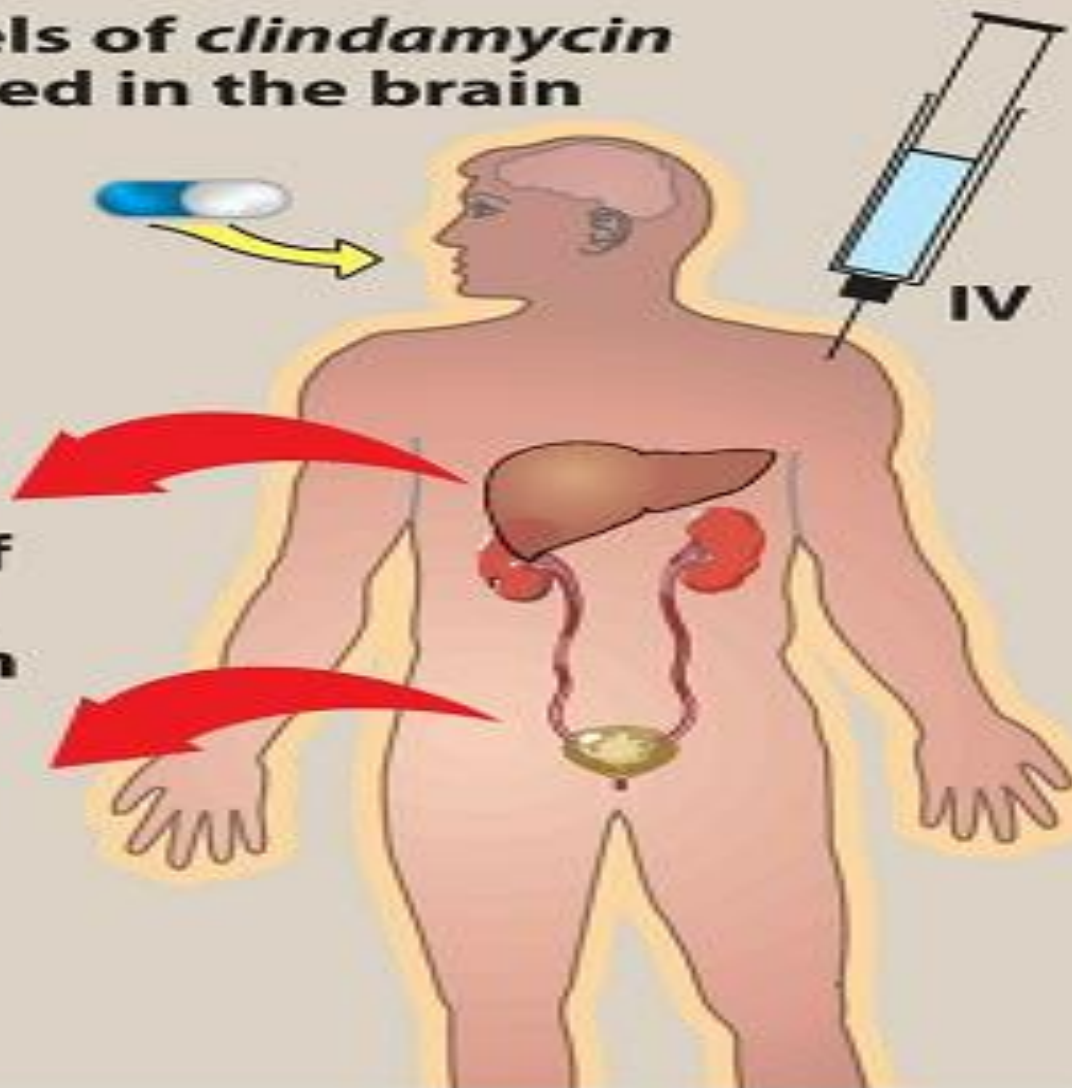
VIII. Clindamycin:

Clindamycin [klin-da-MYE-sin] has a mechanism of action that is similar to that of the macrolides. *Clindamycin* is used primarily in the treatment of infections caused by gram-positive organisms, including MRSA and streptococcus, and anaerobic bacteria. Resistance mechanisms are the same as those for *erythromycin*, and cross resistance has been described. *C. difficile* is resistant to *clindamycin*, and the utility of *clindamycin* for gram negative anaerobes (for example, *Bacteroides* sp.) is decreasing due to increasing resistance. *Clindamycin* is available in both IV and oral formulations, but use of oral *clindamycin* is limited by gastrointestinal intolerance. It distributes well into all body fluids but exhibits poor entry into the CSF.

Clindamycin undergoes extensive oxidative metabolism to active and inactive products and is excreted into bile and urine. Low urinary excretion of active drug limits its clinical utility for urinary tract infections (Figure 30.15). Accumulation has been reported in patients with either severe renal impairment or hepatic failure. In addition to skin rash, the most common adverse effect is diarrhea, which may represent a serious pseudomembranous colitis caused by overgrowth of *C. difficile*. Oral administration of either *metronidazole* or *vancomycin* is usually effective in the treatment of *C. difficile* infection.

Adequate levels of *clindamycin* are not achieved in the brain

Metabolites of *clindamycin* are excreted in the bile and urine



Clindamycin

6 Administration and fate of *clindamycin*.

IX. Quinupristin/Dalfopristin

Quinupristin/dalfopristin [KWIN-yoo-pris-tin/DAL-foh-pris-tin] is a mixture of two streptogramins in a ratio of 30 to 70, respectively. Due to significant adverse effects, this combination drug is normally reserved for the treatment of severe infections caused by *vancomycin*-resistant *Enterococcus faecium* (VRE) in the absence of other therapeutic options.

A. Mechanism of action

Each component of this combination drug binds to a separate site on the 50S bacterial ribosome. *Dalfopristin* disrupts elongation by interfering with the addition of new amino acids to the peptide chain. *Quinupristin* prevents elongation similar to the macrolides and causes release of incomplete peptide chains. Thus, they synergistically interrupt protein synthesis. The combination drug has bactericidal activity against most susceptible organisms and has a long PAE.

B. Antibacterial spectrum

Quinupristin/dalfopristin is active primarily against gram-positive cocci, including those resistant to other antibiotics. Its primary use is for the treatment of *E. faecium* infections, including VRE strains, against which it is bacteriostatic. The drug is not effective against *E. faecalis*.

C. Resistance

Enzymatic processes commonly account for resistance to these agents. For example, the presence of a ribosomal enzyme that methylates the target bacterial 23S ribosomal RNA site can interfere in *quinupristin* binding. In some cases, the enzymatic modification can change the action from bactericidal to bacteriostatic. Plasmid-associated acetyltransferase inactivates *dalfopristin*. An active efflux pump can also decrease levels of the antibiotics in bacteria.

D. Pharmacokinetics

Quinupristin/dalfopristin is available intravenously. It does not achieve therapeutic concentrations in CSF. Both compounds undergo hepatic metabolism, with excretion mainly in the feces.

E. Adverse effects

Venous irritation commonly occurs when *quinupristin/dalfopristin* is administered through a peripheral rather than a central line. Hyperbilirubinemia occurs in about 25% of patients, resulting from a competition with the antibiotic for excretion. Arthralgia and myalgia have been reported when higher doses are administered. *Quinupristin/dalfopristin* inhibits the cytochrome P450 CYP3A4 isoenzyme, and concomitant administration with drugs that are metabolized by this pathway may lead to toxicities.

X. Oxazolidinones

Linezolid [lih-NEH-zo-lid] and *tedizolid* [ted-eye-ZOE-lid] are synthetic oxazolidinones developed to combat grampositive organisms, including resistant isolates such as *methicillin*-resistant *Staphylococcus aureus*, VRE, and *penicillin*-resistant streptococci.

A. Mechanism of action

Linezolid and *tedizolid* bind to the bacterial 23S ribosomal RNA of the 50S subunit, thereby inhibiting the formation of the 70S initiation complex (Figure 30.2) and translation of bacterial proteins.

B. Antibacterial spectrum

The antibacterial action of the oxazolidinones is directed primarily against gram-positive organisms such as staphylococci, streptococci, and enterococci, *Corynebacterium* species and *Listeria monocytogenes*. It is also moderately active against *Mycobacterium tuberculosis* (Figure 30.16). The main clinical use of *linezolid* and *tedizolid* is to treat infections caused by drug-resistant gram-positive organisms. Like other agents that interfere with bacterial protein synthesis, *linezolid* and *tedizolid* are bacteriostatic; however, *linezolid* has bactericidal activity against streptococci. *Linezolid* is an alternative to *daptomycin* for infections caused by VRE. Because they are bacteriostatic, the oxazolidinones are not recommended as first-line treatment for MRSA bacteremia.

Gram (+) cocci

Enterococcus faecalis
(including *vancomycin*-resistant strains)

Enterococcus faecium
(including *vancomycin*-resistant strains)

Staphylococcus aureus
(including *methicillin*-resistant strains)

Staphylococcus epidermidis
(including *methicillin*-resistant strains)

Staphylococcus haemolyticus

Streptococcus pneumoniae
(including *penicillin*-resistant strains)

Viridans group streptococci

Gram (+) bacilli

Corynebacterium species

Listeria monocytogenes

Gram (–) cocci

Gram (–) rods

Anaerobic organisms

Clostridium perfringens

Spirochetes

Mycoplasma

Chlamydia

Other

Mycobacterium tuberculosis

C. Resistance

Resistance primarily occurs via reduced binding at the target site. Reduced susceptibility and resistance have been reported in *S. aureus* and *Enterococcus* sp. Cross-resistance with other protein synthesis inhibitors does not occur.

D. Pharmacokinetics

Linezolid and *tedizolid* are well absorbed after oral administration. IV formulations are also available. These drugs distribute widely throughout the body. Although the metabolic pathway of *linezolid* has not been fully determined, it is known that it is metabolized via oxidation to two inactive metabolites. The drug is excreted both by renal and nonrenal routes. *Tedizolid* is metabolized by sulfation, and the majority of elimination occurs via the liver, and drug is mainly excreted in the feces. No dose adjustments are required for either agent for renal or hepatic dysfunction.

E. Adverse effects

The most common adverse effects are gastrointestinal upset, nausea, diarrhea, headache, and rash. Thrombocytopenia has been reported, usually in patients taking the drug for longer than 10 days. *Linezolid* and *tedizolid* possess nonselective monoamine oxidase activity and may lead to serotonin syndrome if given concomitantly with large quantities of tyramine-containing foods, selective serotonin reuptake inhibitors, or monoamine oxidase inhibitors. The condition is reversible when the drug is discontinued. Irreversible peripheral neuropathies and optic neuritis causing blindness have been associated with greater than 28 days of use, limiting utility for extended-duration treatments

