**Direct Tooth Colored Restorations Dr.Farah**

They are restorative materials designed to closely mimic the aesthetics and function of natural tooth tissue.

**Historical Development**

**1. Silicate cements**

Silicates were introduced in 1871 and were prepared from a silicate powder base that included aluminosilicate glass and a phosphoric acid liquid. The silicate has several advantages over the amalgam restoration:

• Matching tooth color

• Ease of manipulation and;

• Anti-caries activity due to high fluoride content.

**Disadvantages:**

• It irritates the dental pulp due to its phosphoric acid content, and

• Has an early clinical failure, which mostly related to its dissolution in oral fluids,

• Loss of translucency,

• Surface crazing, and

• Lack of adequate mechanical properties.

**2. Unfilled acrylic polymers**

Unfilled acrylic polymers were introduced about 1945 and were improved so that they were in moderate usage in the 1960. They were based on polymethyl methacrylate (PMMA) and are often referred to as acrylic resins. The acrylic restorations were

less soluble in oral fluids, less susceptible to fracture, and more color stable than were the silicate materials.

They had low abrasion resistance, high coefficient of thermal expansion and contraction.

**3. Dental Composite**

Development of modern dental composite restorative materials started in late 1950s and

early 1960s, when Rafael L. Bowen began experiments to reinforce epoxy resins with filler particles which have better mechanical properties and higher abrasion and wear resistance, lower polymerization shrinkage and lower coefficient of thermal expansion than that of unfilled resins.

A major step in composite technology occurred in 1970s with the introduction of light-cured composite restorative material, which were more wear resistant and more color-stable than the self-cured composite material.

**Indications:**

**1. Classes I, II, III, IV, V and VI restorations**

**2. Foundations or core buildups**

**3. Fissure sealants and conservative composite restorations (preventive resin restorations)**

**4. Esthetic enhancement procedures**

**• Partial veneers**

**• Full veneers**

**• Tooth contour modifications**

**• Diasthema closures**

**5. Cements (for indirect restorations)**

**6. Temporary restorations**

**Contraindications:**

**1. An operating area that cannot be adequately isolated.**

**2. Class V restorations that are not aesthetically critical.**

**3. Restorations that extend into the root surface (may exhibit gap formation)**

***Composition***

**A. Organic Resin** – forms the matrix

-dimethacrylate monomer (BIS-GMA)

**B. Inorganic filler**

- inhibits deformation of the matrix

- reduce the coefficient of thermal expansion of the resin matrix

e.g. fused silica, crystalline quartz, lithium aluminum silicate, borosilicate glass

- better mechanical properties, such as compressive strength;

- greater aesthetics;

- confers radio-opacity

**C. Coupling Agent**

- unite the resin with the filler

- stress absorber of the filler and resin

**D. Initiator System –** activate the setting mechanism

**E. Stabilizers**

**F. Pigments**

***Classification*** ***according to the mean particle size of the major filler***

1. Conventional

2. Microfilled

3. Hybrid -Flowable - Packable

4. Nano-composite (nanofilled) - Completely nanofilled - Nanohybrids

5. Reinforced

***Conventional Composites***

1. contains 75-80% inorganic filler by weight

2. average particle size 8µm

3. large size particle and extremely hard filler

4. rough surface structure, strontium and barium glass (radiopaque)

***Microfilled Composites***

1. introduced in the late 1970

2. polishable

3. smooth lustrous surface similar to tooth enamel

4. particle size is 0.01 – 0.04µm

5. contains 35-60% inorganic filler by weight

6. some of physical and mechanical properties are inferior; wear resistant

7. low modulus of elasticity (allow restoration to flex)

8. high resin content results in an increased coefficient of thermal expansion

and lower strength.

Use of Microfilled Composites

used for low stress restorations, buccal and lingual surfaces of class III

and class V

***Hybrid Composites***

1. combines the properties of conventional and microfilled

2. contains 75-85% inorganic filler by weight

3. particle size is 0.4 – 1µm

4. physical properties is superior to conventional

5. predominant direct aesthetic resin

6. have universal clinical applicability

Use of Hybrid Composites

used in moderate stress restorations where strength and wear resistance

are more important than surface luster; Class I, class II, class IV

***Flowable composites***

1. flows into cavity due to lower viscosity

2. have lower filler content

3. inferior physical properties (lower wear resistance, lower strength)

4. used in small class I, pit and fissure sealant, marginal repair materials, as the first increment placed as a liner under hybrid or packable composites

5. easy to use

6. good wet ability

7. favourable handling properties are popular features

8. clinical indications for their use are limited.

***Packable (Condensable) composites***

1. more viscous, “thicker, stiffer feel”

2. have filler particle feature that prevents sliding of the filler particle by one another

3. easier restoration of proximal contact

4. similar to the handling of amalgam

***Nanofill composites***

1. Contain filler particles that are extremely small (0.005-001 microm.)

2. Because of these small particles a high filler levels can be generated in the restorative material, resulting in good physical properties and esthetics

3. Nanofills highly polishable

4. These materials are likely to become a popular composite restorative material of choice.

***Completely nanofilled resins*** Contain nano-meter sized particles throughout the resin matrix

***Nanohybrids resins***

Consist of large partials surrounded by nano-meter sized particles

***Reinforced composites***

It consists of a combination of a resin matrex, randomly orientated E-glass

fiber and inorganic particulate fillers.

Used as base filling material in high stress bearing areas especially in large

cavities of vital and non- vital posterior teeth

***Classification according to the method of activation:***

***1. Chemically-activated composites:***

Also they are called self -curing composite resins. Most commonly available as two-paste system composed of a catalyst and base materials. When these two components are property mixed, the polymerization process is chemically activated. The rate of set is uniform through the bulk of the material causing a gradual increase in viscosity at room temperature. Hence the material have a limited working time, making the technique time sensitive with the increased possibility of air bubble incorporation during mixing of the two pastes and thus affecting the composite physical and mechanical properties .

***2. Light-activated: composites:***

Light activated materials afford a number of advantages over chemically activated ones. The light curable materials are single components, and require no mixing, and so have reduced porosity, and better resistance to wear and abrasion. The working time is virtually that chosen by the clinicians, and the material hardens rapidly when exposed to light. The components of light -activated composites are contained in single paste system. The mixture is supplied in various shades in disposable syringes. These syringes are made of opaque plastic to protect the material from exposure to light.

***3. Dual cured composites:***

Combine self-curing and light curing materials .The self-curing rate is slow and is designed to cure only those portions that are not adequately light cured Specially in the interproximal areas where the access is limited and require special approaches to guarantee adequate light curing energy.

**Advantages:**

1. Aesthetics

2. conservative of tooth structure removal (less extension; uniform depth not necessary; mechanical retention usually not necessary)

3. less complex when preparing the tooth

4. low thermal conductivity

5. bonded to tooth structure resulting in good retention, low micro leakage, minimal interfacial staining, and increased strength of remaining tooth structure

6. Repairable

**Disadvantages**

1. may result to gap formation, usually occurring on root surfaces as a result of the forces of polymerization shrinkage of the composite material

2. restoration is more difficult, time-consuming, costly (compared to amalgam restorations)

3. Are more technique sensitive because the operating site must be appropriately isolated and the placement of etchant, primer, and adhesive on the tooth structure (enamel and dentin) is very demanding of proper technique

4. May exhibit greater occlusal wear in areas of high occlusal stress or when all of the tooth's occlusal contacts are on the composite material

5. Have a higher linear coefficient of thermal expansion, resulting in potential marginal percolation if an inadequate bonding technique is utilized.