**Lecture One- Unit One**

**Giving yourself time**

1. Model exchanges
2. Check point
3. Model phrases
4. Exercise

**Lecture Two- Unit two**

**Encounters, greetings and goodbyes, introductions**

1-Model exchanges

1. Check point
2. Model phrases
3. Exercise

**Lecture three - Unit three**

**Information gathering**

1-Model exchanges

2- Check point

1. Model phrases
2. Exercise