

Curriculum Vitae

Saad Sadoon Jawad

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PERSONAL SUMMARY:

- Teaching at the College of Pharmacy / Mustansiriyah University and responsible for Student Activities.

EDUCATION:

- Phd. college of physical education/ Baghdad University
- M.Sc. College of physical education /Baghdad University.
- B.Sc. college of physical education / Baghdad University.

PUBLICATIONS:

1. The Effect of the Percentage of Air Pollutants on the most important Physic – Biochemical indicators during Rest and Physical Effort.
2. The effect of Special exercises by using weight and multigame to develop some physical, physiological and accuracy of some football players skills for the age (15) years old.
3. The Effect of free weight exercises to develop the maximum Oxygen power(phosphates)for the young footballer, ages(15)years old.
4. The Effect of Multigame exercises to develop the maximum Oxygen power(phosphate) for the young footballer, ages(15)years old.
5. The Effect of free weight and Multigame exercises to develop the anaerobic endurance for the Pharmacy college team footballer.
6. The effect of special exercises in the development of special power and the control ability for the joints and muscles with young footballers.
7. Study the electrical activity of the rectus femoris and the twin muscle impact of the training curriculum to develop explosive power.
8. The Effect of free weight and Multigame exercises to develop the anaerobic endurance for the Pharmacy college team footballer.